

**Menu of Options for Mitzvot:**

Category	Mitzvah	Scope	Organization	Location	Contact info
Mitzvot for children	Tutoring younger students at Bet Am Shalom	ongoing	Bet Am Shalom	White Plains	Marcey Wagner <a href="mailto:eddirector@betamshalom.org">eddirector@betamshalom.org</a>  Tami <a href="mailto:tami@betamshalom.org">tami@betamshalom.org</a>
	Donate items, give food /gifts for holidays	1 time	Children's Village	Dobbs Ferry	<a href="http://www.childrensvillage.org/">http://www.childrensvillage.org/</a>  Stephanie Edwards <a href="mailto:sedwards@childrensvillage.org">sedwards@childrensvillage.org</a>  (914) 693-0600 ext. 1819
	Spring- Create Organic garden for Westhab children	1 time	Bet Am Shalom	Yonkers	Ronnie Berlin  <a href="mailto:usscott@aol.com">usscott@aol.com</a>
	Leading Tot Shabbat/Jr. Congregation	ongoing	Bet Am Shalom	White Plains	Marcey Wagner  <a href="mailto:eddirector@betamshalom.org">eddirector@betamshalom.org</a>
	Become a musical instructors for children After School Music Program or help in the office	ongoing	Song catchers	New Rochelle	<a href="http://www.songcatchers.info/how_you_can_help.htm">http://www.songcatchers.info/how_you_can_help.htm</a>  (914) 654-1178  <a href="mailto:Bdowdmus@aol.com">Bdowdmus@aol.com</a>
	Visit children, make 'activity boxes' and more ideas	1 time or ongoing	Blythedale Children Hospital	Valhalla	<a href="mailto:annw@blythedale.org">annw@blythedale.org</a>  (914) 592-7138, ext. 428.
	Support children with life-threatening illnesses and their	1 time or	Friends of Karen	Westchester	<a href="http://www.friendsofkaren.org/">http://www.friendsofkaren.org/</a>

	families.	ongoing			Denise Tredwell 914-617-4052
	Provide blankets for children	1 time or ongoing	Linus Project	Westchester	<a href="http://www.projectlinus.org">http://www.projectlinus.org</a>  Westchester Chapter:  Ellen (914) 834-2037 nellettellam@yahoo.com or Contact: Adele (914) 472-8408 kme kniter@aol.com
	Improve lives of children, seniors, families through various projects	1 time or ongoing on different levels	Family Services of Westchester's	Westchester	<a href="http://www.fsw.org/">http://www.fsw.org/</a>  Gerry Goldberg, Outreach Coordinator: <a href="mailto:ggoldberg@fsw.org">ggoldberg@fsw.org</a> 914.937.2320, ext. 134.
	Volunteer to help a child with homework	1 hour per week during school year	'Reading Buddies after School' JCY/Westchester Community Programs	White Plains or Yonkers	Ranee Ginsberg 914-423-5009  <a href="mailto:rginsberg@jewishcouncil.com">rginsberg@jewishcouncil.com</a>
Mitzvot for elderly	Visit , make a card, holiday packages and more	1 time or ongoing	Dorot	Westchester	<a href="http://www.dorotusa.org">http://www.dorotusa.org</a>  212-769-2850
	Visit and assist Holocaust survivors	ongoing	I volunteer ny		<a href="http://www.ivolunteerny.com">http://www.ivolunteerny.com</a>

					Phone: 646-461-7748 <a href="mailto:info@ivolunteerny.com">info@ivolunteerny.com</a>
	Hamantashen Baking for BAS Mishloach Manot	1 time	Bet Am Shalom	White Plains	Cynthia Ehrenkrantz <a href="mailto:cynehren@optonline.net">cynehren@optonline.net</a>
	BAS Mishloach Manot Delivery	1 time	Bet Am Shalom	White Plains	Cynthia Ehrenkrantz <a href="mailto:cynehren@optonline.net">cynehren@optonline.net</a>
	connecting with the elderly at homes in Westchester	1 time or ongoing	Schnurmacher Nursing Home	White Plains	(914) 390-9500
	Improve lives of children, seniors, families through various projects	1 time or ongoing on different levels	Family Services of Westchester's	Westchester	<a href="http://www.fsw.org/">http://www.fsw.org/</a> Gerry Goldberg, Outreach Coordinator: <a href="mailto:ggoldberg@fsw.org">ggoldberg@fsw.org</a> 914.937.2320, ext. 134.
	connecting with the elderly at homes in Westchester	1 time or ongoing	Sarah Neuman Center for Healthcare and Rehabilitation	Mamarone ck	<a href="http://www.jewishhome.org/jewishHome">http://www.jewishhome.org/jewish Home</a> (914) 864-5140 <a href="mailto:alionheart@jhha.org">alionheart@jhha.org</a>
	connecting with the elderly at homes in Westchester	1 time or ongoing	United Hebrew Geriatric Center	New Rochelle	<a href="http://www.unitedhebrewgeriatric.org/">http://www.unitedhebrewgeriatric. org/</a> <a href="mailto:lforman@uhgc.org">lforman@uhgc.org</a> 914-632-2804 x224

Mitzvot for the hungry/homeless	Repackage food, organize food drive and more	Adult <u>must</u> accompany child under 14,  1 time or ongoing	Food Patch	Millwood	<a href="http://www.foodbankforwestchester.org/">http://www.foodbankforwestchester.org/</a>  (914) 923-1100 <a href="mailto:Nancy.Lyons@foodbankforwestchester.org">Nancy.Lyons@foodbankforwestchester.org</a>
	Donate and prepare food and clothing, distribute in Manhattan	1 night Every 3 months	Bet Am Shalom and Midnight Run	BAS & Manhattan	Bob Miller  <a href="mailto:Bob.Miller@westhab.org">Bob.Miller@westhab.org</a>
Mitzvot for homeless	work in partnership to build houses with families in need	1 time or ongoing	Habitat for Humanity of Westchester	Westchester	<a href="http://www.habitat.org/">http://www.habitat.org/</a>  914-636-8335  <a href="mailto:jason@habitatwc.org">jason@habitatwc.org</a>
Mitzvot for people with Special Needs	Hamantashen Baking for BAS Mishloach Manot Delivery	1 time	Bet Am Shalom	White Plains	Cynthia Ehrenkrantz  <a href="mailto:cynehren@optonline.net">cynehren@optonline.net</a>
	Mishloach Manot Delivery to people with special needs	1 time	Bet Am Shalom	White Plains	Cynthia Ehrenkrantz  <a href="mailto:cynehren@optonline.net">cynehren@optonline.net</a>
	Helping at Special Needs Shabbat Service	10/24/09 and 4/10/10	Bet Am Shalom	White Plains	Vicki Presser:  <a href="mailto:VPresser@aol.com">VPresser@aol.com</a>
	Connecting with adults with Special Needs in WJCS homes	1 time or ongoing	WJCS Homes	White Plains	Gail Oliver, Havorah Program Coordinator W.J.C.S.

					845-565-861 GailAO777@aol.com
Mitzvot for Family and Learning	Family Tree Project and Competition	ongoing	Bet Hatefusoht - Museum of Jewish Diaspora	Online	<a href="http://www.bh.org.il/about-competition.aspx">http://www.bh.org.il/about-competition.aspx</a>
	Inviting a grandparent to speak at HS and creating a project	1 Time	Bet Am Shalom	White Plains	Marcey Wagner <a href="mailto:eddirector@betamshalom.org">eddirector@betamshalom.org</a> Tami <a href="mailto:tami@betamshalom.org">tami@betamshalom.org</a>
	Visit the Tenement Museum and/or Ellis Island Museum and create a project	1 time	Tenement Museum, Ellis Island Museum	Manhattan and Ellis Island	<a href="http://tenement.org/tours.php">http://tenement.org/tours.php</a> <a href="http://www.ellisland.org/">http://www.ellisland.org/</a>
*added value: community building	Preparing a special meal of Jewish dishes + presentation	1 time	Bet Am Shalom	White Plains	Marcey Wagner <a href="mailto:eddirector@betamshalom.org">eddirector@betamshalom.org</a> Tami <a href="mailto:tami@betamshalom.org">tami@betamshalom.org</a>
	Visit museum of Jewish Heritage and create a project	1 time	The Museum of Jewish Heritage	Manhattan	<a href="http://www.mjhnyc.org/">http://www.mjhnyc.org/</a>
	Visit the Jewish Museum and create a project	1 time	The Jewish Museum	Manhattan	<a href="http://www.thejewishmuseum.org/">http://www.thejewishmuseum.org/</a>
Mitzvot for Israel	supporting the IDF	1 time or ongoing	Friends of IDF	Flexible	<a href="http://www.israelsoldiers.org/sendpack.php">http://www.israelsoldiers.org/sendpack.php</a>

	Connecting with an Israeli teen as pen pals	ongoing	Bet Am Shalom	White Plains	Tami tami@betamshalom.org
	Support an Israeli organization that promotes a cause that is close to your heart		Israeli NGO's	Flexible	<a href="http://ivolunteer.org.il/Eng/Index.asp?CategoryID=128">http://ivolunteer.org.il/Eng/Index.asp?CategoryID=128</a>  if you can't find it on this list refer to  Tami tami@betamshalom.org
*added value: community building	Connecting as a group to an Israeli kitah Zayin	ongoing	Bet Am Shalom	White Plains	Tami tami@betamshalom.org
Mitzvot for the environment	Raise environmental awareness and encourage informed stewardship of the Hudson River, the Saw Mill River and the Bronx River.	1 time or ongoing	The Beczak Environmental Education Center	Yonkers	<a href="http://www.beczak.org/volunteer.htm">http://www.beczak.org/volunteer.htm</a>  914-377-1900  smacd@beczak.org
	Take care of dogs and cats and improve their lives in many ways	1 time or ongoing	SPCA of Westchester	Briarcliff Manor	<a href="http://www.spca914.org/volunteer.htm">http://www.spca914.org/volunteer.htm</a>  <a href="mailto:volunteer@spca914.com">volunteer@spca914.com</a>  (914) 941-2896, ext. 28.
	Clean up parks, orient visitors and more jobs	1 time or ongoing	Westchester County Parks System	Westchester	<a href="http://www.westchestergov.com/parks/Volunteers.htm">http://www.westchestergov.com/parks/Volunteers.htm</a>  914-864-7054

Mitzvot for nations in need	Raise awareness and funds for Darfur	1 time or ongoing	Jewish World Watch	flexible	<a href="http://www.jewishworldwatch.org/activistspotlight/index.php">http://www.jewishworldwatch.org/activistspotlight/index.php</a>
Social Action Resources	Volunteer to work with elderly or children, animals, people with special needs in Westchester.	ongoing	WJCS Operation Mizvah	Westchester	Susan Kronish 914-7610600 ext. 147 skronish@wjcs.com
	Search for various causes and organizations in Westchester	1 time or ongoing		Westchester	<a href="http://www.1-800-volunteer.org/">http://www.1-800-volunteer.org/</a>
	This site defines Jewish youth philanthropy and gives resources about this growing field.			Online	<a href="http://www.jfn.org/">http://www.jfn.org/</a>
	This site gives examples and ideas of how to involve Jewish youth in philanthropy.	1 time or ongoing		Online	<a href="http://www.areyvut.org/">http://www.areyvut.org/</a>
	Jewish Communal Fund enables children and youth (as well as adults) to create their own donor advised funds.	1 time or ongoing		online	<a href="http://www.jewishcommunalfund.org/Pages/default.aspx">http://www.jewishcommunalfund.org/Pages/default.aspx</a>
	Founded by a group inspired by the work of Danny Siegel, The Good People Fund is about good people and organizations. It Produces a "Good People Fund Report for Kids," highlighting exciting programs how kids can work with them to make a	1 time or ongoing		online	<a href="http://www.goodpeoplefund.org">www.goodpeoplefund.org</a>

	difference.				
	A new, Jewish online giving platform with social networking around issues of common interest.			online	<a href="http://www.jchoice.org">www.jchoice.org</a>