

BAS MIDNIGHT RUN

VOLUNTEERS NEEDED

WHAT is Midnight Run? Westchester volunteers bringing clothing, food, and a little companionship to homeless people living on the streets of Manhattan. BAS is one of many houses of worship and civic groups that sign up for routes and dates. We participate once every quarter, on a Saturday night.

WHEN: The next Run is **Saturday night, November 21, 2009**

Preparations will take place at synagogue starting at 7:30 PM
Donations should be dropped off at 7:15 p.m.

DONATIONS

- ❖ Warm, CLEAN clothing for **MEN ONLY** (please, GOOD condition only!)
 - Winter jackets
 - Sweatshirts - Hoodies - Sweaters – Long sleeve shirts - Thermals
 - Jeans
 - Gloves, and Hats
 - NEW WHITE SOCKS
 - NEW UNDERWEAR – (sizes 34, 36 and 38 most urgently needed)
 - Gently used shoes, sneakers, boots
 - Personal care items – hotel size or samples – toothpaste, soap, etc.
 - Blankets
 - Backpacks or tote bags
 - **FOR WOMEN:** NEW undergarments, gently used warm clothing and shoes

FOOD DONATIONS NEEDED – You can donate *some* or *all* of any item. **Please just let us know what you plan to bring.**

• Turkey - 10 lbs (kosher)	• Salami - 4 lbs (kosher)
• Hard boiled eggs-2 dozen	• Progresso vegetable soup- 16 (19 oz) cans
• White bread-12 large loaves	• Lettuce-4 heads
• Mayo - 2 large jars	• Small chocolate bars (125)
• Bananas, oranges or apples (25 of each)	• Milk - 1 gallon
• Coffee - 1 can	• Bottles of water -2 cases (12 oz. size)
• 5 lb sugar	• Mustard - 1 jar

HELP NEEDED

- **Sort clothes and make sandwiches**– On the night of the Run, come to BAS to help from 7:15 to 8:30 pm. This is a great family activity. (But please, no children under the age of 12 unless a parent will stay to supervise.)
- **Come on the Run (but you must contact Bob Miller at bob.miller@westhab.org first!)** – If you have never gone on a Run, it is an unforgettable and meaningful experience.

PLEASE HELP TO MAKE THIS A BAS COMMUNITY EVENT!

Call or e-mail us to let us know how your family will help. B'Shalom! Ronnie Berlin and John Gallagher: 472-3323; usscott@aol.com (Bob and Rochelle are still running the program)