



**A UNIQUE SOCIAL ACTION OPPORTUNITY
for Ages 9 - 14 and their Parents**

"GROWING TOGETHER"

**Cooking with Organic Farmers of Adamah and Kids from
The Elm Street Neighborhood Center in Yonkers**

**SUNDAY, NOVEMBER 1, 2009
11:30 AM – 2:30 PM
Bet Am Shalom Synagogue**

Program is FREE, but pre-registration required. To register, contact jennifer@betamshalom.org. SPACE IS LIMITED. Deadline for registration is Friday, October 23.

A VEGETARIAN LUNCH WILL BE SERVED.

Program begins with Rabbi Bronstein leading a study session on the Birkat Hamazon.

Youth from the Elm Street Neighborhood Center will join Bet Am Shalom and Congregation Kol Ami for a hands-on cooking demonstration and discussion on nutrition led by farmers from the Jewish Organic Farm, ADAMAH, based in Connecticut.

Joint BAS/Kol Ami program for Jewish Social Action Month